

WORDS OF THE WEEK 8

Ucz się angielskiego z „Głosem Fizjoterapeuty”



Dziś nauczysz się pięciu przydatnych słów dotyczących **balneoterapii**.

bathhtub /'bɑ:θ.tʌb/
wanna

The patient undergoes the treatment in a **bathhtub** filled with thermal waters.

hot springs /'hɒt sprɪŋz/
gorące źródła

Hot spring therapy involves immersing in hot mineral water to relieve pain, relax muscles, improve circulation, promote healing, and enhance well-being.

immersion
/i'mɜ:(r)ʃən/
zanurzenie

Balneotherapy sessions often involve **immersing** oneself in the healing waters which aids in relieving muscle tension and promoting overall well-being.

to absorb
/əb'zɔ:b/
wchłaniać

While having a bath, the minerals present in the water are **absorbed** by the patient's skin.

BALNEOTHERAPY

graduation tower /grædʒʊ'eɪʃən taʊə(r)/
tężnia

A brine **graduation tower** operates by pumping brine to the top of the structure, allowing it to cascade down through blackthorn twigs and evaporate.



